

Alopecia Areata: A syphilitic miasmatic expression successfully treated with Homoeopathy- A case Report

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ABSTRACT

The following case report is alopecia areata in 23 years old male who was treated successfully with individualised homoeopathic medicine within 6 months of treatment. *Syphilinum* was prescribed as a constitutional remedy on the basis of totality of symptoms and after the repertorisation. Homoeopathic medicines have wonderful results in such type of cases, where the modern medicines have very less effective treatment.

Introduction:

Alopecia areata is typically presents with sharply demarcated round patches of hair loss non-scarring condition appears as sharply defined non inflamed bald patches, usually over the scalp. The lifetime incidence of alopecia areata is approximately 2% worldwide. It affects people of all ages and both sexes. Loss of hair is considered as an autoimmune process leading to chronic inflammation due to the presence of organ-specific CD8+ T-cell-dependent response mainly affecting

hair follicles. Various triggers such as infections, trauma, hormones and stress are known to worsen the disease. The diagnosis is clinical and generally simple in the common cases. In chronic forms, Trichogramma and biopsy is advised.

Case history

A 23 years male, reported to outpatient department of Sainath Homoeopathic Hospital, Rajkot on 15TH MAY 2024. The patient had hair fall in spot with premature grey hairs for last one and half year. He also

had headache for last eight months, usually aggravated by exposure to sun and ameliorated by wrapping on the head.

Past history: Not specific
 Family history: Father: had history of alopecia areata

Grandfather: had history of alopecia areata

Mental generals

Difficulty in concentration during work and study. Become easily irritable and angry at trifles.

Physical generals
 Aversion: meat.

Thirst: 2-3 litres/day.

Thirst for cold water.

Thermal reaction: chilly patient.

Analysis and evaluation of symptom with miasmatic analysis

Sr. No	Symptoms	Analysis	Evaluation	Miasmatic Analysis
1	Difficulty in concentration during study.	Mental general	++	Psora
2	Anger at trifles.	Mental general	++	Psora
3	Aversion to meat.	Physical general	+++	Psora-syphilitic
4	Chilly patient.	Physical general	++	Psora
5	Thirst for cold water.	Physical general	+++	Sycosis
6	Hair fall in spots.	Particular	+++	Syco-syphilitic
7	Premature grey hairs.	Particular	+++	Syco-syphilitic
8	Headache < exposure to sun > wrapping up of head.	Particular	++	Psora

Miasmatic Interpretation:

Dominating Miasms: Syphilitic

Fundamental Miasms: Psoric

Totality Of Symptoms

Difficulty in concentration during study.

Anger at trifles.

Aversion to meat.

Chilly patient.

Thirst for cold water.

Hair fall in spots.

Premature grey hairs.

Headache < exposure to sun > wrapping up of head.

Repertorial totality: Difficulty in concentration during study. Aversion to meat. Hair fall in spots. Premature grey hairs. Headache aggravated by exposure to sun and ameliorated by wrapping up of head.

Prescription: *SYPHILINUM* 1M/1 dose state. *SL* TDS for 1 month.

Selection of remedy with justification: *SYPHILINUM* was prescribed on the basis

of totality of symptoms and its repertorial analysis as it covered maximum rubrics.

Selection of potency with justification: It is based on susceptibility of the patient.

Follow-up

Date	Symptoms	Prescription
15/05/2024	Hair falling on spot; headache < from exposure to sun > wrapping on the head.	<i>SYPHILINUM</i> 1M/ 1 dose stat <i>SL</i> 4 pills TDS for 1 month
15/06/2024	Slightly relief in headache. No improvement in hairfall.	<i>SL</i> 4 pills TDS for 1 month
15/07/2024	No headache, and slightly improvement in leucorrhoea discharge.	<i>SL</i> 4 pills TDS for 1 month
14/08/2024	No specific improvement. Symptoms are standstill with previous dose, therefore repeating the dose.	<i>SYPHILINUM</i> 1M/ 1 dose stat <i>SL</i> 4 pills TDS for 1 month
14/09/2024	Relief in hair fall	<i>SL</i> 4 pills TDS for 1 month

Discussion: Syphilinum , a homoeopathic remedy prepared from nosode, is sometimes used in homoeopathy to address conditions that are thought to stem from a syphilitic miasm or hereditary predisposition, including alopecia areata.

Conclusion: Homoeopathy is a system of medicine based on the principle of ‘‘Similia Similibus Curentur’’. I treats patient as a whole and not just symptoms. After careful

case taking, analysis and repertorization done systematically, then the selection of the right medicine with a suitable potency and dosage results in remarkable cures. Complete hair re-growth and without any recurrence of bald patches in observation period is documentary evidence. This case showed a positive role of Homoeopathy in treating Alopecia areata.

Photos for Alopecia Areata.

Before Treatment	After Treatment
	
Salt Scor Before 9	Salt Scor After 0

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Ethical Approval- The author certify that they have obtained verbal consent for publishing his reports. In this case report identify is not revealed in any form.

Data Availability- Due to patient privacy consideration the raw data cannot be made publically available however deidentified summary data and analysis code are available from the corresponding author upon reasonable request, we are committed to supporting legitimate ethical-aligned inquiring.

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