

# CONSTITUTIONAL DIAGNOSIS A NATURAL TOOL TO RECOGNIZE DISEASE IN ELECTROHOMOEOPATHY

**Kamalakanta Nayak** (Electropathic Physician)

President: SEMSR, Odisha

Chairman Technical committee: SEPA, Odisha

Co Author

**Manoj Kumar Mahala**

Vice President: SEPA, Odisha

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## ABSTRACT

Self-healing is best healing. Everybody have self-healing properties from the onset of life. Responsible performance of body constituents on the way of natural maintenance renders good health. Any disturbance in the natural maintenance of body constituents indicates a disease. So performance of the constituents is the responsible factor behind health and disease. Diagnosis of disease is always task able for physicians. Body naturally maintains through air, water and the food grains. Blood is the only potentive fluid, which contains these potentive matters and transports them to nook and corner of the body for cellular absorption and after absorption it excretes cellular waste, unabsorbed matters and self secretions through its derivative lymph. Performance of the constituents indicates the constitution of disease. Body is a composition of solid and liquid constituents.

Liquid:- Blood and Lymph

Solid:- The whole tissue structure.

All the solid parts the tissue stricture maintains through the two basic constituents Blood and Lymph, on the way of absorption, self-secretion, and excretion.

Electrohomoeopathic principle for diagnosis of disease emphasizes more on the constitutions. Sheath of disease can be recognized very easily as to the performance of the constituents. If it is within the circulation of the blood more, the constitution is sanguine and when the lymphatic circulation disturbs more then it relates to lymphatic constitution. When the two basic constituents disturbs more and become unable to perform well as to their responsibility, depending structural units the tissue structure disturbs more and here the constitution is mixed.

## INTRODUCTION

### WHAT IS ELECTROHOMOEOPATHY

Electrohomoeopathy/Electropathy the herbal therapeutic system introduced by Dr. Count Ceaser Mattei of Italy in 1865 based on natural healing principles, aim to care and cure the imbalanced body work manifested as disease with the application of herbal specifics to vitalize the self healing properties of the body without any contraindications following the constitutional diagnostic procedure to recognize disease.

Those medicines regulates imbalanced cellular Metabolism (root cause of disease) Having vitalized the function of its dependent fluid blood and lymph.

### LIFE IS IN BLOOD

"Life lies in Blood" Blood the self-processed and matured fluid of body is borrowed from mother womb at the onset of life. Through which vital fluid life force transfers and sustain. The fluid from beginning of life works on a harmononic way touches each cells of the body articulates the organs brings a relationship among them to work unitedly . Non-stop effort of the vital fluid is to supply

nutrients as to their need on a pure potentive form as oxygenated blood and excretes cellular waste as lymph, its derivative. Blood carries all the body supporting nutrients for formation of cells tissues muscles ligaments tendons vessels nerves and even if the bones from where the stem cells of blood form. It carries proteins, carbohydrates, fats, vitamins, minerals tress elements like all the body supportive ingredients on a fine absorbable concentration for growth development and maintenance of body. It not only carries the nutrients but also help for transportation of defensive force to protect body from foreign disturbing elements or organism.

The vital fluid is always on a mission to cure, care and develop body activities restlessly. On the absence of an organ, body may survive with difficulties for some minutes to hours or years after detached from the mother womb but it is impossible without blood because it is the only primitive fluid, which contains all sources of life. Therefore, life is in blood.

### (2) VITIATION OF BLOOD: (DISEASE)

According to principles of Electrohomoeopathy, Count Ceaser Mattie Founder of this system says Vitiated Conditions of the blood

and its by-product lymph are the first generating cause of the abnormal changes and the first morbid effects, which give rise to the disease. If disease occurs due to vitiated condition of blood and lymph, then the divitiation is a condition of good health. Blood, which contain the essential materials for every tissues of the body and it supplies nutrients to every organs enabling to perform its function. It is indeed a microcosm, able to supply every possible want to the animal economy. Thus blood is called an internal and rudimental medicine of the system. Blood and lymph are the two life fluids which on their way up and down through the system leave everywhere new elements necessary for nutrition and vitality; while the waste matter and unnecessary products go out of the system by the natural processes of secretion and excretion, through the skin in the shape of sweat and eruptions, through the kidneys in the shape of urine, through the rectum in the shape of stools and so forth.

On this way the human body is kept up by this continual process of decomposition and re-composition. For example, by constant vital work, our systems undergo waste. This is replaced by new materials derived from the pure blood and lymph. This is the most essential part of the physiological process. Thus in Electrohomoeopathy "Health depends upon the normal condition of the blood as well as lymph and disease is produced from their abnormal state". Chemically, health is the chemical equilibrium between drainage of waste with supply of nutrients, and disease is the disturbance of this equilibrium. The blood is the life, and we believe that the first contact between life and the cause of disease, including drugs, takes place in this living fluid. Here is the first meeting- the first impression-the action- the first change from health- the first morbid phenomenon; the link which connects the existing cause with all the successive phenomenon of any disease whatsoever. This is the important starting point of the Electro homoeopathic Principle. Pondering upon these and such other facts, we may clearly infer that the production of healthy blood and lymph (which originate in chyme and chyle) is the principal point of nutrition, and supply to different organs is made by this life -fluids. Hence its vitiation means vitiated nutrition, (Aetiology of Diseases in Electrohomoeopathy) which engenders functional and structural morbid changes and there from diseases. Congestion, inflammation, degeneration & suppuration, etc, are all due to morbid conditions of the blood and lymph. if all the organs are not properly nourished with pure blood and lymph, they become weak, their power becomes seriously compromised, and the ultimate result is the functional or organic disorder, susceptibility to atmospheric changes and liability to epidemic idiopathic and other sorts of diseases.

In order to apply the Electrohomoeopathic principle and to interpret the words according to the principle, if the poison be insufficient to excite any of the recognized forms of miasmatic diseases, it can yet impress a paroxysmal type upon any intercurrent disorder, or it may simply lower the general health, causing anemia and weakness and shallowness of complexion, we may urge that on the blood depends the severity or mildness of the action of the poison. if we can make the blood pure and keep it so, no ulterior ill-effect can arise.

Modern science believes, when the poison has been imbibed, it may remain latent in the system for six to twenty days, and possibly may sustain even for a few months, We should ask why it should remain latent for a few months only, and not forever. Does it not signify that until the vitiation of blood is caused. No evil can arise and cause any injury when the body fluid is on purified state? The effect of noxious gases, miasmatic poison etc is nothing but an adulteration of the life-fluids. The time it takes to fully bring about this morbid change is generally called the period of Incubation. Experience assigns different periods of incubations to different diseases. Still we see many deviations from it in practices which are considered as exceptional cases. In nearly every constitution, there is a particular diathesis and this diathesis is nothing but a particular condition and abnormal tendency of the life fluid, with its consequent effects. For instance, two patients have similar cuts, in one the cut is healed up in a few days, while in the other, deep unhealthy ulcers follow it. The good state of the life-fluids of one of the person, aids a great deal in healing up the cut while the bad blood of the other aggravates and does injury to the cut .Again, two nurses attend on a cholera bed, the

poison catches hold of the one only, and why? Because the condition of the blood of one of the nurse is not sufficiently strong to ward off the poison, while that the other is so.

When we see that one disease, if it remains uncured for a long time, brings another disease, we can easily conclude that there is an interwoven chain which produces this kind of affinity and relationship, between the diseases. This chain is made up of no other materials than those of Blood and Lymph.

In the human system- every organ, artery, vein, capillary, ligament, tendon, tissue, fiber, even cellule has a part to play, a force to exert, a help to render, to support the body and sustain life. Our blood and lymph sustain, vitalize and strengthen the human system. Every part of the body is fed with Blood and Lymph.

These and other similar facts to be observed in the pathology of diseases, clearly prove that "vitiating of Blood and Lymph" is the primary cause of all diseases- except those brought by external violence, accidents, casualties etc. as burning or deep cuts may sometimes bring on tetanus, loss of blood may be the cause of high fever etc.

Basically Nature itself accomplishes cure- in other words life force within us sometime becomes strong enough to drive away disease. Accordingly it may be inferred, that vitality is the essential ground on which medicines moves and lives to act. Vitality of the life force commands the body through its basic constituents Blood & Lymph. So the first pathological effect and physiological changes of all diseases is the vitiation of blood and lymph-the rudimental axiom of Electro-homoeopathy.

#### CONSTITUTION:

Naturally, there is no abrupt line of separation, between disease and its symptoms. The disease and its symptoms constitute illness. The morbid state (Vitiating of the life-fluids, blood and lymph from whatever cause it may be) which is the cause of the symptoms is the pathological conditions viz disease. Disease occurs when the sum of life forces, which tends to neutralize all cause of disturbance, in other words, when the resistance offered by the life force (through its only medium blood and lymph) is weaker than the acting cause of disturbance. It will be no wonder to say that the parasites, bacilli etc cannot grow and multiply if the blood and lymph remain in their naturally strong condition, as seeds require prepared soil for their growth and do not grow all times. Therefore, the main pathological cause of all diseases can be recognized as "Vitiating of the two basic constituents Blood and Lymph".

Though body is a balance framework of its basic constituents blood, its derivative lymph and the tissues structure where the two basic fluids unitedly perform their work. Mattie indicated that imbalanced performance of the constituents is the real constitution of disease. So for easy diagnosis in EH classification of disease done as to their constitutions as (1) Sanguine, (2) Lymphatic & (3) Mixed.

#### SANGUINE CONSTITUTION

Sanguine are generally healthy and possess balanced consistency of blood. They possess good appetite, better digestion, and a good metabolism, strong vitality, with well-oxygenated blood. Certain changes in blood and its carrying channels the arteries, vein and capillaries and its circulation controlling organ heart indicates the sheath of the disease within sanguine. Because in such organs sanguine fluid blood is the basic constituent. Whatever may be the designated disease proper analysis of the performance of blood and its transporting organ help to indicate the constitution and selection of constitutional specific. In the life process, sometimes the body system of sanguine mildly irritates due to consumed food, environment, and socio psychological factors. More supply of blood with rich consistency affects pressure mechanism more, which causes tendency to hemorrhage, congestion, vertigo, and palpitation, nose bleeding or ringing in ears. Super abundance of oxygenated blood built the constitution more strong, which are just hypertensive. Sanguine have a quick perception, good memory, and great sensitiveness. Sanguine constitutional diseases indicates the sign of redness due to super flow or congestion of blood and tendency of hemorrhage ,palpitation, vertigo, bleeding from external or internal orifices rupture of arteries, varicose vein, ecchymosis, inflammations, like all the direct blood formation and its transportation related

disorders come within the sphere of sanguine constitution. Vertigo----marked , Palpitation----- Considerable, Hemorrhoid---- - more or less grave, Varices---- More or less grave, Appetite----- Good, Digestion----- Rapid, complexion----- lips and gums purple in color some times livid.

Women possess early and profuse menses, Sanguine bear florid complexion, and rapid pulsation of carotid artery. There is less chance of infection when the disorders remain within the sphere of sanguine fluid is called as sanguine constitutional diseases. Preventing power of such a constitution is more in comparison to two other constitutions.

#### **LYMPHATIC CONSTITUTION:**

Blood is the vital fluid processed in body after assimilation of food grains. The food grains assimilation and absorption of nutrients depend upon balanced diet, timing of food consumption, change of climatic conditions, and mental exercise. Variations in any of the above mentioned factors may change the concentration and circulation blood, imbalanced consistency of blood at primary stage causes mild sanguine disorders and if untreated and continue for long, these disturbances arise in lymph which is the derivative of blood. Such primary disturbances changes lymphatic fluid concentration and its circulation. Lymph is the only fluid, which carries the cellular waste and unabsorbed substances from the periphery. Insufficient supply of blood with variation in concentration affects maintenance mechanism in cellular bed.

Insufficient production of plasma blood fail to maintain tissue pressure and causes insufficient lymphatic drainage by which deposition of waste in cellular bed supports infectious agents. The presence of infectious agents with waste deposition on cellular bed triggers lymphatic ducts to release more fluid with defensive agents to manage the situation. On this way, the accumulation of lymph become more in comparison to sanguine and such infectious conditions brings mild fever, cold and other acute illness deposition of lymphatic fluid in the periphery more frequently due to deficiency of oxygenated blood and deposition of deoxygenated blood in cellular bed. Digestive systems become weak because of weak metabolism, sluggish circulation, defective memory, pale sallow complexion of body, lips and gums are the principal signs of lymphatic constitution:- Lymphatic constitution patients disagree with more watery food, like cucumber, watermelon,. Cough, cold fever skin irruption with serous discharges all acute infectious diseases with glandular inflammations are common features of lymphatics. On this constitution, the body is on a process to repair itself through lymphatic humors. The diseases in lymphatic, struggles for renewal of immunity to restore health. Diseases in primary stages appear lymphatic and disappear by natural defensive function of organs. Special peculiarity of this constitution is deficiency of red blood corpuscles and preponderance of white blood corpuscles the lymphocytes. Such persons are liable to shiver and feel cold especially on extremities they disagree more waters, so globules remedies provide better effect in lymphatic than liquids. Acute or sub acute diseases arising from the foundation of this constitution if not cured in time, becomes chronic such constitution includes the tendency to disease of the lymph and organs circulation of lymph that's creates the disease of mucous membrane lymph gland lymphatic absorbent vessels, the digestive and secretory glands, of stomach, intestine, the glands of cutaneous tissue and skin also. Here, the system possesses predominance of lymph, the sheath of disease remains within the lymphatic system more and the constitution is called as Lymphatic.

Prominent signs to recognize lymphatic constitution :- Vertigo--- Non, Palpitation-----none, Hemorrhoids----none, Varises---- none, Appetite ---- weak, Digestion ---- Slow, Cold---frequent, Complexion of lips and Gum---- Pale. We may be perfectly sure that it is purely lymphatic constitutions and scrofulous series will be selected remedies let the illness may be what.

#### **MIXED CONSTITUTION**

The sanguine fluid and lymphatic fluid unitedly acts on tissue structure and when the vitiation of both fluid occur it disturbs the tissue structures and indicates as mixed constitutional disease. Repeated negligence on daily maintenance of imbalanced bodywork may invite critical conditions. Imbalanced activities of both lymphatic and sanguine channels invite mixed constitutions.

On this constitution body metabolism will be highly disturbed, It is the advanced stage of both sanguine and lymphatic disorders. Mixed constitution is principally the basis of most dangerous and destructive constitutional diseases.

In mixed constitution effect of degeneration disintegration excessive regeneration of tissues occur. United acting point of sanguine fluid and lymphatic fluid is tissue structure and. Where lymphatic activities are more, sanguine activities are less or vice versa. Less sanguine, less lymphatic also such conditions occur due to frequent irregularities in body maintenance and behavioural pattern. This condition will be called mixed constitution. Here the patients may be hypotensive or hypertensive, the secondary developed stages of lymphatic and sanguine come within the sphere of complex constitution. The most dangerous constitution acquired in nature, invites critical diseases like cancer, tuberculosis, bronchial asthma, ulcerative conditions & atrophic conditions.

Prominent signs to recognize mixed constitution:- vertigo----non, palpitation ----little or non, Haemorrhoids ----- Non, Appetite----- - Weak or hearty, Digestion----- weak or normal, Cold, bronchitis, Laryngitis, Pharyngitis, Cough, complexion lips and gums more or less highly coloured. The symptoms indicates the sign of mixed constitutions that means one primarily healthy, but subject for a varying period to an agent that is vitiating and heating.

#### **MODE OF DIAGNOSIS.**

The principal source of life is blood and lymph. So it should be keep in mind from first, the sheath of disease (disturbed or imbalanced activities) is in lymph or blood or in both. If it is in blood, which channel is disturbed artery, vein, or capillaries, if it is in lymph-lymph carrying channels, lymphoid tissues, or lymph glands.

What is the natural status of blood or lymph on different parts of the body? The physician should know well and in altered and disturbed condition it is the duty of the physician to analyze very well the patho physiological changes and the produced symptoms by which he can able to find either it is due to super abundance of the fluid or deficiency. Whatever may be the disease it the first and foremost duty of an Electropath to know about the status of lymph and blood in the organ and how far the tissue structure affected, conjugating point of the two fluid is the cellular bed. Cellular degeneration or regeneration also depend on supply and drainage of two fluid at the primary stage it may be in the lymph or in the blood but on progressive stages alternation of the both of fluid occur. Generally sanguine constitution are healthy but in course of time vitiation of blood convert the constitution to mix. It has been observed some person is more lymphatic and less sanguine and someone are less lymphatic and more sanguine. Finally, by the side of same sanguine symptoms one or more prior to the lymphatic may be present such as tumors enlarged gland, eruption on the skin etc.

It is that the vitiation of blood coexists with lymph is a combine malady. The remedies therefore are anti scrofoloso, anti canceroso combined with angioticos. Most of the time it creates a dilemma in mind to select anti scrofoloso or canceroso. But it the point of remark when patient has congestion of suppression of gland scrofula. Gangrene, cancerous wounds, scirrhus, tumors, cancers etc. The main specific is anticanceroso but others may be added as to organic pathophysiology. To diagnosis constitution of the patient it is essential to know about health history of the patients, the maladies which he may have in his infancy , in his youth, and the cause of its disease. Also both maternal and paternal disease health records provide indication of constitution because it is more or less inherited .

#### **CONCLUSION**

Constitutional diagnosis helps the EH Physicians to balance the body performance without creating any disturbance in its natural maintenance. Very critical cases can be managed easily with thorough observation of the sheath of disease with the recommended constitutional specifics. Electrohomoeopathy always emphasize more to balance the work of Lymph & Blood because the vitiation of the two vital fluids are the responsible cause of all diseases. So constitutional diagnosis is very simple and easy procedure for diagnosis of diseases.

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