# Predicting Cardiovascular Disease by Integrating the Dataset and DNN with Asynchronous Learning Technique

# RAMESH BABU PITTALA <sup>1</sup>, Dr. Narendra B Mustare <sup>2</sup>, Kavitha G L<sup>3</sup>, Dr. A. Azhagu Jaisudhan Pazhani <sup>4</sup>, Dr Subba Rao Polamuri <sup>5</sup>

- 1 Department of Information Technology, Anurag University, Venkatapur, Hyderabad, India. prameshbabu526@gmail.com
- 2 Department of EIE, CVR College of Engineering, Ibrahim patan, Hyderabad, India. drnamust@gmail.com
- 3 Department of Information Science & Engineering, Atria Institute of technology, Hebbal, Bengaluru, India.

# kavitha.gl@atria.edu

4 Department of Electronics & Communication Engineering, Ramco Institute of Technology, Rajapalayam, Tamilnadu,

Mail: alagujaisudhan@gmail.com

5 Department of Computer Science and Engineering, Aditya University,

Surampalem, India. psr.subbu546@gmail.com

DOI: https://doi.org/10.63001/tbs.2024.v19.i02.S.I(1).pp653-660

#### KEYWORDS

Cardio-vascular illness,
Deep neural network,
AFLCP, DNN.
Received on:

15-09-2024

Accepted on:

17-12-2024

#### **ABSTRACT**

Predicting cardiovascular illness via the integration of datasets and deep neural networks using an asynchronous learning methodology. Healthcare experts see the prediction of cardiac disease as a critical endeavour, while deep learning has shown considerable potential in accomplishing this objective. This research study presents a unique methodology termed the Asynchronous Federated Deep Learning Approach aimed at Cardiac Predictions (AFLCP), which integrates a heart disease dataset along with DNN through an asynchronous learning strategy. Suggested method utilises an asynchronous parameter update mechanism for deep neural networks and integrates a temporally weighted aggregate strategy to improve the convergence and accuracy of core model. The efficacy of the proposed AFLCP technique is assessed using two datasets across several DNN architectures, revealing that proposed AFLCP method surpasses baseline technique for communication expenses and model correctness.

## INTRODUCTION

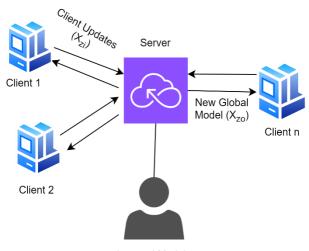
In the healthcare business, data is usually spread out because the systems and processes used to provide care are very complicated. For example, some hospitals may only access clinical information pertaining to patients treated at their facility. [1-4] These documents contain very sensitive information known as protected health information (PHI). From this data set, we will get many insights on the significance of each variable and the interrelationships among them. Nonetheless, the only objective at this juncture is to ascertain the likelihood of an individual being afflicted with a serious cardiac condition. There exists a substantial possibility for AI to be utilised in medical applications, especially those designed to improve healthcare services for both people and medical institutions. [5-8] Dyspnoea, somatic heaviness, and pedal oedema are common indicators of cardiovascular disease. Researchers are persistently seeking viable ways for the early identification of heart illness, owing to the limitations in precision & implementation time of current diagnostic events. The training data were gathered from diverse clinical observations, including biological sensors, patients as individuals, clinical organizations, hospitals, pharmaceutical

companies, & health insurance entities. [9-12] In an asynchronous learning approach, clients & a temporally weighted aggregate of local methods are executed on the server.

HIPAA, which protects patient privacy, regulates data collection and analysis. Data mining as well as machine learning (ML) technology like deep learning, which need a lot of data for training, face this challenge. Recently, federated learning (FL) has developed as a solution to train deep learning models utilising federated medical information while ensuring patient confidentiality. [13-15] A decentralised federated learning model may be trained without sending medical data to a central server using this method. A typical FL scheme in healthcare is shown in Figure 1. Hospitals utilise deep learning models as client nodes, training locally and periodically submitting to an aggregated server for processing. [16-17] The central server updates all network nodes with the global model after coordinating and combining local models from each node. Nodes keep training data private. Remember, just the model's weight and characteristics are provided, safeguarding any acquired medical information. FL minimises security concerns by securing sensitive and personal data. [18-19] They used several data mining & federated learning approaches to sift through massive amounts of complex medical

data. Thanks to this study, the doctors and nurses were able to identify cardiac problems with more precision. [20] This resulted in a model that relied on supervised learning techniques, such as RF algorithms, decision trees, naive Bayes, and k-nearest neighbour. This was in addition to the many other variables linked

to cardiovascular disease that were discussed in the article. It accomplished this by making use of an existing dataset consisting of individuals with heart illnesses that was retrieved from the UCI repository. There were 303 unique instances and 76 unique attribute categories in the sample.



Learned Model: Personal Healthcare

Figure. 1 Healthcare environment using federated learning.

In all, 76 features were evaluated for testing, but only 14 were actually used. These were the features that were deemed most crucial for demonstrating how various algorithms performed. The goal for the study was to determine the likelihood that the participants will get CAD (coronary artery disease) in the future. All things considered; the findings suggested that the KNN algorithm had reached its maximum accuracy. The use of artificial intelligence tools to improve the precision of our forecasts for cardiovascular infections was suggested as a novel approach to evaluating critical outcomes in earlier studies. By using logistic regression, a federated learning approach, the execution level was increased while the accuracy level for coronary disease prediction remained at 89%. Our focus in this research will be on using the data set on heart disease to make predictions about future heart disorders. The asynchronous learning method divides deep neural network models (DNNs) into levels with a certain number of layers. As compared to the shallow levels, the deep layers' parameters are updated less often by the asynchronous learning technique. In addition, the server makes utilise of the locally trained models stored there beforehand using a temporally weighted aggregate strategy. This contributes to the core model's improved accuracy and convergence. Experiments were conducted on two datasets that included a range of DNNs to evaluate the proposed method. Our research shows that compared to the baseline method, asynchronous federated deep learning significantly improves model accuracy simultaneously reducing communication costs. In addition to achieving high classification performance, the proposed asynchronous federate learning (Async-FL) approach ensures privacy & elasticity while decreasing the number of net bandwidth consumed. The following are some of our most important contributions to this study.

- Investigating both real-time and delayed forms of communication;
- Giving a general outline of methods for distributed federated learning;
- Suggested an AFLCP, which stands for asynchronous FL cardiac prediction;
- In the end, we'll look at how both asynchronous and synchronous federated learning stack up in terms of loss function correctness and significance.

#### 2. Methods and Materials

Accuracy, precision, and the F1-score are common metrics used to assess machine learning models. Here is an explanation for each metric:

**Accuracy:** The model's accuracy is measured by the proportion of instances categorised correctly out of all occurrences. It shows how well the model detects positive and negative situations.

**Precision:** The model's ability to accurately detect positive cases among anticipated positive instances. By calculating the ratio of true positives compared to predicted positives, it measures the accuracy of positive forecasts. When false positives are costly, accuracy is beneficial to reduce the likelihood of misclassifying negative occurrences as optimistic.

F1-score: Harmonic recall and precision mean. The method combines recall and accuracy into a single measure to evaluate model performance fairly. This method is particularly useful for reducing false positives and negatives in imbalanced datasets. An F1-score rise from 0 to 1 shows improved performance.

Diseased individuals, especially those who are in the most susceptible groups, are at a higher risk of cardiac arrest. Because COVID-19 stressors impact heart health and are always changing, decentralised monitoring of cardiac activity is necessary. Subjects in areas with minimal healthcare access cannot be monitored for their long-term heart health without nodes. Patients with cardiac problems (irregular heartbeats) may have their cardiac status determined using any of these nodes. Healthcare providers may get a more comprehensive understanding of a given region by using many nodes to consolidate data about it. In light of the fact that each node has its own unique data acquisition and usage processes, the primary challenge is to facilitate faster online as well as collaborative learning across nodes. Furthermore, many users are hesitant to transfer their sensitive well-being data to a server in the cloud, therefore there is a high standard for safeguarding users' secrecy. Furthermore, after each node's local automatic decision-making is finished, private information should be securely used without transmitting raw data to other parties, and then deleted. A distributed learning framework is necessary for nodes to securely and efficiently extract unique ECG properties. Decentralised or distributed collaborative learning can be challenging due to nodes' lack of uniform attention. The suggested method considers many kinds of federated learning, including synchronous and asynchronous, to address the issue. As the edge users, nodes may exchange isolated information knowledge through a server to get access to global data and ensure online learning. This technique safeguards user privacy, accelerates processing, and adapts to diverse data distribution

patterns. Once all local methods received, the server updates the global model for improved precision and effectiveness in heart disease predictions. The objective of loss function reduction is to:

$$\operatorname{Min} \sum_{i=1}^{n} \frac{A_i}{A} f_i(\omega) \tag{1}$$

 $\operatorname{Min} \Sigma_{i=1}^{n} \quad \frac{A_{i}}{A} f_{i}(\omega) \tag{1}$  In the cloud,  $f_{i}(\omega)$  is the loss purpose,  $A_{i}$  is the nodes' private ECG sample information, & A is the cloud's training ECG data. The weight vectors  $(\omega)$  for a node corresponds to the parameters of the AI-based model for that region. The loss function increases with prediction error. During learning convergence, it is crucial to maintain the same parameters for the local AI model after receiving updates from the server during information exchange rounds. Both nodes & the server may utilise the global model for making local choices, even without distributing raw ECG data. The aim of project is to create a scheme where every node trains a global model and updates its local models utilising private ECG information. Updated local models may be sent between node & the cloud server, allowing for independent global model modifications. If the loss functions are not reduced and global model accuracy fulfils a performance condition, interactive learning process will continue. This research aims to create an asynchronous, decentralised learning architecture that detects cardiac problems, protects data, and reduces network strain.

### 2.1 Method Suggestion

In this section, observe how the specialised lightweight CNN model helps with cloud-based global AI model development and node-based local AI model development simultaneously. Deep learning-based light-weight heart disease prediction is the name given to an earlier study that suggested a model for centralised node-based heart disease prediction using deep learning.

The lightweight AI model M = {m1, m2, m3... mn} is fed the singlelead raw ECG heartbeat at the nodes where the ECG is analysed, and the predicted class labels N = {n1, n2, n3... nk} are output. In this situation, nk might take on the values 0 or 1, indicating whether the present pulse belongs to the kth class. Radial basisinspired support vector machines (R-SVM) is the classifier that makes choice. After reviewing the following equation (2), we can determine the categorisation choice.

$$D(f_d) = \sum_{d=1}^{n} \gamma j. R_F(d, d_j) + m_r$$
 (2)

inside which the radial foundation  $R_F (d,d_j) = e^{(-\gamma |[d-d_j]|^2)}$  is used to modify the basic SVM's kernel algorithm. Dataset d, weight j, and margin  $m_r$  stand for the input dataset, weight, and margin, respectively.

Asynchronous FL Cardiac Forecast algorithm is suggested.

Algorithm that executed on the remote server in the cloud for updating the global model is called the server-side algorithm. The most current version of a global model  $(X_q)$  is generated by this algorithm, which accepts as input the set of all nodes' local parameter values or weights  $\omega$ . What follows is an explanation of how our suggested approach works. Symbols used in the suggested technique are described in Table 2.

Table.2 Symbols

Symbol	Descriptive
$X_{zo}$	Local model output from node Z
В	Block
Δ	Time spent iterating
α	Ratio of deep parameter exchange
L	Total number of iterations
$X_g$	Current global model
$X_{zi}$	Node Z's initial model
γ	Timestep
E	Minimum threshold for loss
$\omega_z$	Local weights that were taken out of $X_{zi}$
ω	Weight worldwide
$M_z$	Fresh information was acquired
Z	The number of nodes
l	Iteration
β	ECG minimum acceptable size

Step 1: First, set the minimal loss threshold as the starting value

Step 2: The current global model is used to initialise  $X_g$ .

Step 3: Third, after establishing a loss threshold (E) in the previous phase, you can check how well the model is learning with each iteration. So extended as the present loss worth is greater than E. The whole learning process will keep happening on the remote cloud server. The loss assessment goes to  $\omega$  and  $X_a$  is updated when the local model parameters are aggregated.

Step 4: Iterations End.

Step 5: The value of  $X_g$  is changed.

An algorithm's client-side implementation is a model of the nodes' algorithmic execution. Consideration is given to the approach that functions on a single node by this procedure. Z,  $X_{zi}$ , L,  $\alpha$ , and  $\Delta$  other specified values are used as inputs for the algorithm. Following is a detailed description of each step in Algorithm 1, with the accompanying flow diagram in Figure 2 showing how our suggested technique works.

Step 1: Apply the learnt AI model  $(X_{zi})$  to the Z node local model. Step 2: Set the threshold data size to the default value to prepare for upcoming stages.

Step 3: Initialise timestep ( $\gamma$ z) & block (Bz) to default settings for following phases.

Step 4: Load fresh private data (Mz) and compare it to the threshold ( $\beta$ ) data size to determine its size.

Step 5: R-SVM classifier decides classification.

Step 6: Iterate after 1 to L. The total no. of repetitions throughout every operation at nodes is specified as L.

i. You may execute an if statement if the state [(l mod  $\Delta$ ) = 0] is met.

a. After iteration, the estimated time is stored in the time-step ( $\gamma z$ ) list when the criteria are satisfied.

b. In the initial model, local weight ( $\omega$ z) are retrieved together with  $\alpha$ .  $\alpha$  represents the deep parameters exchange **Algorithm 1:** ACP stands for Asynchronous Cardiac Prediction.

ratio.  $\alpha \;$  displays the ratio of deep parameters affecting the exchange rate.

Data on deep iteration Storage of cloud exchange is in the timestep parameter. We transmit the extracted weight ( $\omega z$ ), timestep ( $\gamma z$ ), and block (Bz) to the cloud server.

- ii. The else statement will run if the state [(l mod  $\Delta$ ) = 0] is not met.
- a. Store shallow limitations of the (1-  $\alpha$ ) ratio from the local model ( $X_{zi}$ ) in  $\omega z$ .
- b. The cloud server receives  $\omega z$  weights.
  - iii. if-else statement ends.

Step 7: Update the local model for Z nodes utilising the aggregated model acquired from the server.

Step 8: All worldwide model states and timestep information are kept in the Bz for subsequent access.

Step 9. Loop closure.

Step 10: After L cycles of training, permanently erase M utilised data from the cache to enhance user data protection.

```
Input: Z, X zi,\Delta,L,\propto
Output: X zo
Working at Client Node
1. X zi← initially obtained model from server.
2. β←initialize data size threshold
3. Initialize y z and B z
4. M z \leftarrow new data obtained and evaluate M z's size by comparing with \beta.
5. Classification decision is performed using Equation (2).
6. for l=1to L
        If (1 \mod \Delta) = 0 then
        1 = y z
        w z←∝^' s local weight extracted from X zi
        Pass \omega z, \gamma z and B z to the server.
        ω z← (1- ∝)^' extract local weights from X_zi
        Pass \omega_z to the server.
7. X zo← send updated model to server.
8. B z← save 1 time global model state and data access information.
9. End.
10. Delete M_z from storage.
Working at Server
Input: ω
Output: X g
1. E← minimum loss threshold.
2. X g←existing global model.
3. While (currloss > E) do
    a. ω←Aggregating local model parameter updates X g and loss evaluation.
5. return X g.
```

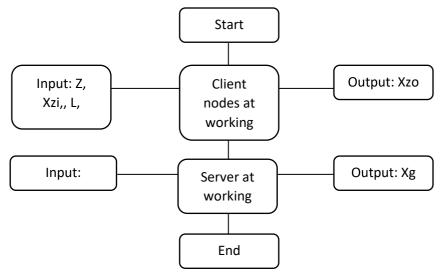


Figure. 2 The flow diagram for our suggested approach.

# 3. Discussing Experimental Results

They will analyse the suggested approach and the datasets used to evaluate its effectiveness in this part. Comparing the performance of the suggested approach is also planned. As indicated by academics, we used random forests and grid search. They are the adding nodes affects accuracy, precision, & f1-score in both asynchronous & synchronous federated learning. Our asynchronous technique improves model performance with more clients by aggregating weights asynchronously. To validate the suggested strategy, we ran the experiment on an Intel ® Core i7 with 16 GB RAM using the TensorFlow Federated (TFF) module.

We struggled with distributing datasets across client nodes throughout deployment. To solve this difficulty, we dispersed the dataset evenly across clients. We compared the suggested approach to the FL-Avg method, which is currently the best available. Figures 3 and 4 show the impact of learning accuracy for the DS1 & DS2 data sets, respectively. We are able to get a greater accuracy for learning on both datasets by using our suggested framework's improved worldwide and client's models for weight aggregation and decision categorisation. In Figure 5 and 6, we can see the memory use compared.

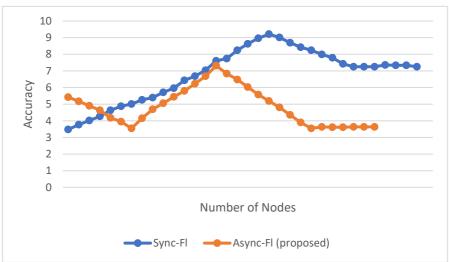


Figure. 3 DS1 dataset's impact of correctness and node count.

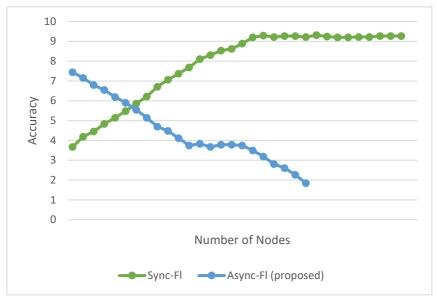


Figure. 4 Impact of node count and accuracy on the DS2 dataset

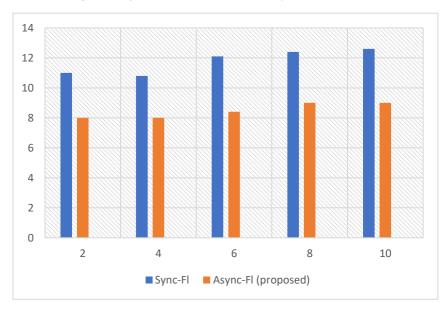


Figure. 5 DS1 memory consumption comparison.

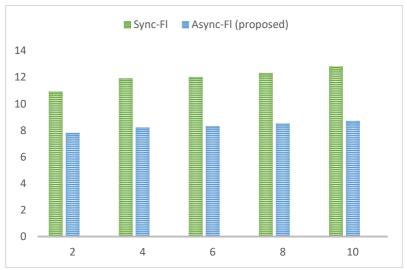


Figure. 6 DS2 memory use comparison.

The convergent time as a function of the client node count is shown in Figures 7 and 8.

Due to the asynchronous aggregation of client updates at the

worldwide cloud end, our suggested asynchronous method demonstrates improved algorithm convergence for a greater number of clients on both datasets.

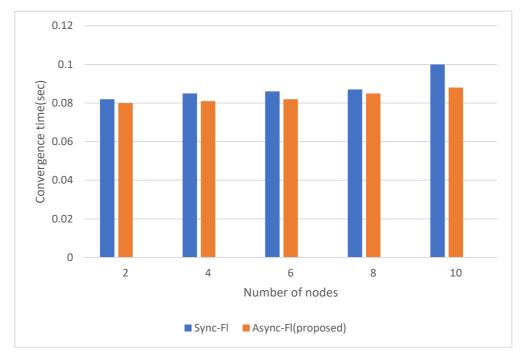


Figure. 7 Comparison of the DS1 dataset's algorithm convergence rate.

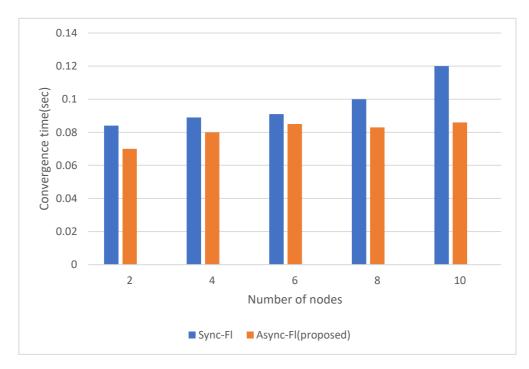


Figure. 8 Algorithm convergence rate comparison for the DS2 dataset.

#### CONCLUSION

This study used an asynchronously federated learning algorithm on the heart disease datasets to offer a privacy-aware method for heart disease prediction. The suggested approach uses temporally weighted aggregation and asynchronously updates deep and shallow DNN parameters to enhance core model correctness and convergence. Through experiments on two datasets, the suggested asynchronously federated deep learning technique beats the baseline method for communication cost & model

accuracy. This research examines both asynchronous and synchronous communication, circulated federated learning methods, an asynchronous cardiac forecast approach, and the accuracy as well as loss function value of asynchronous and synchronous learning. With limited network bandwidth, the suggested cardiac prediction method is privacy-preserving, adaptable, and efficient. Future research in circulated ML for healthcare apps is expanded by this work. Our effort is limited by not testing the scalability problem. Parkinson's, diabetes, liver

cancer, skin cancer,  $\boldsymbol{\hat{\alpha}}$  breast cancer rehabilitation and therapy will be our future focus.

#### REFERENCES

- Triantafyllidis, Andreas, et al. "Deep learning in mHealth for cardiovascular disease, diabetes, and cancer: systematic review." JMIR mHealth and uHealth 10.4 (2022): e32344.
- Karna, Vishnu Vardhana Reddy, et al. "A Comprehensive Review on Heart Disease Risk Prediction using Machine Learning and Deep Learning Algorithms." Archives of Computational Methods in Engineering (2024): 1-33.
- Ramkumar, Govindaraj, et al. "IoT-based patient monitoring system for predicting heart disease using deep learning." Measurement 218 (2023): 113235.
- Sevakula, Rahul Kumar, et al. "State-of-the-art machine learning techniques aiming to improve patient outcomes pertaining to the cardiovascular system." Journal of the American Heart Association 9.4 (2020): e013924.
- Rani, Pooja, et al. "An Extensive Review of Machine Learning and Deep Learning Techniques on Heart Disease Classification and Prediction." Archives of Computational Methods in Engineering (2024): 1-19.
- Huang, Jian-Dong, et al. "Applying artificial intelligence to wearable sensor data to diagnose and predict cardiovascular disease: a review." Sensors 22.20 (2022): 8002.
- Khashei, Mehdi, and Negar Bakhtiarvand. "Discrete learning-based intelligent methodology for heart disease diagnosis." Biomedical Signal Processing and Control 84 (2023): 104700.
- Sinha, Nidhi, et al. "DASMcC: Data Augmented SMOTE Multi-class Classifier for prediction of cardiovascular diseases using time series features." IEEE Access (2023).
- Otoum, Yazan, et al. "Enhancing Heart Disease Prediction with Federated Learning and Blockchain Integration." Future Internet 16.10 (2024): 372.
- Abbas, Sidra, et al. "Artificial intelligence framework for heart disease classification from audio signals." Scientific Reports 14.1 (2024): 3123.
- Mansoor, Cmm, Sarat Kumar Chettri, and Hmm Naleer.
   "Advancing Heart Disease Prediction through Synergistic Integration of Machine Learning and Deep Learning

- Techniques." 2024 International Conference on Advances in Computing, Communication and Applied Informatics (ACCAI). IEEE, 2024.
- Mauya, Jannatul, et al. "Missing Risk Factor Prediction in Cardiovascular Disease Using a Blended Dataset and Optimizing Classification with a Stacking Algorithm." Engineering Reports (2024): e13034.
- Valarmathi, R., and T. Sheela. "Heart disease prediction using hyper parameter optimization (HPO) tuning." Biomedical Signal Processing and Control 70 (2021): 103033.
- Khan, Muhammad Amir, et al. "Optimal feature selection for heart disease prediction using modified Artificial Bee colony (M-ABC) and K-nearest neighbors (KNN)." Scientific Reports 14.1 (2024): 26241.
- Haq, Amin Ul, et al. "Identifying the predictive capability of machine learning classifiers for designing heart disease detection system." 2019 16th International Computer Conference on Wavelet Active Media Technology and Information Processing. IEEE, 2019.
- BramahHazela, et al. "Machine Learning: Supervised Algorithms to Determine the Defect in High-Precision Foundry Operation." Journal of Nanomaterials 2022.1 (2022): 1732441.
- Gaikar Vilas Bhau, Radhika Gautamkumar Deshmukh, T. Rajasanthosh kumar, Subhadip Chowdhury, Y. Sesharao, Yermek Abilmazhinov, IoT based solar energy monitoring system, Materials Today: Proceedings, Volume 80, Part 3, 2023, Pages 3697-3701, ISSN 2214-7853, https://doi.org/10.1016/j.matpr.2021.07.36418.
- Rani, Pooja, Rajneesh Kumar, and Anurag Jain. "An intelligent system for heart disease diagnosis using regularized deep neural network." *Journal of applied* research and technology 21.1 (2023): 87-97.
- Gupta, Shubham, and Pooja Sharma. "Hybrid Classification Approach for Heart Disease Prediction." 2024 International Conference on Emerging Innovations and Advanced Computing (INNOCOMP). IEEE, 2024.
- Chang, Thing-Yuan, et al. "Feature-based deep neural network approach for predicting mortality risk in patients with COVID-19." Engineering Applications of Artificial Intelligence 124 (2023): 106644.